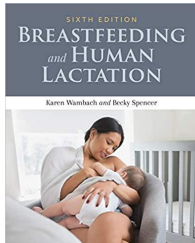




Begin Ed India

Certified Lactation Courses
Recommended Reading List
Updated May 2024

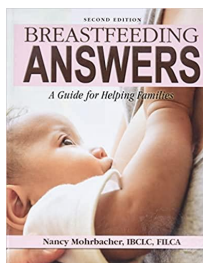


Breastfeeding and Human Lactation

Jan Riordan, Karen Wambach, Becky Spencer,
6th Edition

Amazon.in:

<https://amzn.in/d/7R828Ny>



Breastfeeding Answers: A Guide to Helping Families

Nancy Mohrbacher, 2020
2nd Edition

Amazon.in:

<https://amzn.in/d/7VIDD11>

Session Topics	BF/ HL 5th Edition	BF/ HL 6th Edition	BF Answers 2nd Edition
Allergies and the Breastfed Infant	Pages 759-762	Pages 657-659	Pages 309-310, 561-565
Anatomy and Physiology Review During Lactation	Pages 79-97	Pages 49-65	Pages 400-426, 784-787
Anatomy of a Lactation Consultation	No Supplemental Reading	Pages 14, 225-226	Pages 96-131
Biological Review: Initiating Breastfeeding	Page 48	Pages 21-22	Pages 4-15
Breast Pumps	Pages 419-460	Pages 365-381	Pages 905-908
Cannabis (Marijuana) Use During Lactation		Page 149	Pages 594-597
Domestic Violence and Lactation	Page 932	Pages 777-778	No Supplemental Reading
Drugs of Abuse and Lactation	Page 932	Pages 594-604	Pages 149

Engorgement and Mastitis	Pages 285, 286, 321-328	Pages 199-201, 283-288	Pages 748-773
Ethical Foundations in Lactation	No Supplemental Reading	Pages 8-9	No Supplemental Reading
Facilitators and Barriers to Lactation	Pages 273-275	Pages 177- 186 and 247-249	Pages 40-77
GERD and the Breastfed Infant	Pages 648-650	Pages 749-751	
Herbals and Galactagogues During Lactation	Pages 182-183, 907-908	Pages 137, 509, 752	Pages 449-456
Human Milk Banking	Pages 523-539	Pages 443-462	Pages 474-521
Human Milk Composition	Pages 122-157	Pages 85-116	Pages 67-74
Human Milk for Older Infants and Toddlers (Weaning)	Pages 699-704, 707	Pages 603-607, 609	Pages 136-179, 616-629
Impact of Culture in Lactation Care	Pages 895-911	Pages 739-755	Pages 66-69
Infant Assessment, Growth, and Development	Pages 775-807	Pages 215-242	Pages 99-110
Infant Feeding in Disasters and Emergencies	No Supplemental Reading	No Supplemental Reading	Pages 690-695
Infant Review: GERD and Lactation	Pages 749-751	Pages 648-650	Pages 304-309
Infant Review: Growth and Development	Pages 667-692	Pages 577-596	Pages 186-196
Infant Review: Late Preterm Infant and Lactation	Pages 246-247, 373, 378, 778	Pages 193-194, 324, 330	Pages 386-390
Infant Review: Medically Challenges and Lactation	Pages 728-753	Pages 619-663	
Infant Review: Oral Anatomy	Pages 97-101	Pages 65-67	Pages 262-292
Infant Review: Sleep and Feeding	Pages 305-308	Pages 269-272	No Supplemental Reading
Infectious Diseases in the Lactating Individual	Pages 207-220, 330-334	Pages 159-171, 290-294	Pages 808-829
Interpreting Lactation Research	Pages 667-708	Pages 815-851	No Reading Required

Jaundice and Lactation	Pages 406-416	Pages 355-362	Pages 242-257
Latch and Positioning Review	Pages 100-107	Pages 67-75 and 186-188	Pages 9-11, 21-36
Legal and Ethical Issues for the Lactation Profession	No Supplemental Reading	Pages 8-9	No Supplemental Reading
LGBTQI Community and Breastfeeding	No Supplemental Reading	No Supplemental Reading	Pages 432-433, 688
Maternal Disease and Lactation	Pages 588-618	Pages 509-534	
Maternal Infections and Lactation	Pages 207-220, 330-334	Pages 159-171, 290-294	
Maternal Recovery	Pages 273, 291-293, 816-818	Pages 247-248, 262, 497-503, 678, 679	
Medically Challenged Infant	Pages 728-753	Pages 619-663	Pages 309-333
Medication Use During Lactation	Pages 193-198	Pages 127-151	Pages 214, 218-219, 375-376, 585-604, 867
Nutrition During Lactation	Pages 299, 388-389, 874	Pages 471-479	Pages 554-573
Obesity and Lactation	No Required Reading	No Required Reading	Pages 574-581
Partners/ Parents: Breastfeeding Support	Pages 920-923	Pages 763-767	Pages 167-168, 530, 688-690
Plastic Surgery Procedures and Lactation	Pages 336-342	Pages 295-300	Pages 788-799
Politics of Breastfeeding	Pages 42-47, 51-68	Pages 14-16, 26-43	No Supplemental Reading
Postnatal Recovery	Pages 273, 291-293, 816-818	Pages 247-248, 262, 497-503, 678, 679	Pages 99-103 110, 701, 718-722
Premature Infant and Lactation	Pages 469-507	Pages 397-429	Pages 344-385
Professional Development in the Lactation Field	Pages 3-8	Pages 4-7	No Supplemental Reading

Relactation and Induced Lactation	Pages 581-588	Pages 503-509	Pages 666-695
Safe Supplementation: Top Feeding, Formula Feeding	Pages 279-280, 533	Pages 253	No Supplemental Reading
Sexuality and Breastfeeding	Pages 556-570, 903-904	Pages 483-495, 748-749	Pages 528-549
Slow Weight Gain and Insufficient Milk Supply	Pages 370-399	Pages 313-347	Pages 197-227
Surgery and Lactation (After Augmentation and Reduction Surgery)	Pages 336-342	Pages 295-300	
Teaching Breastfeeding Classes/ ANC Class	Pages 859-887	Pages 713-734	No Supplemental Reading
Trauma Review	No Supplemental Reading	Pages 778-780	Pages 840-842
WHO Code	No Supplemental Reading	160-162	Pages 824, 825
Work/ Supporting Employed Breastfeeding Parent	Pages 635-662	Pages 549-570	Pages 632-662



Lactation
Education
Resources

Reading List compiled with permission from
Lactation Education Resources:
<https://www.lactationtraining.com/reading-list>

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