



Begin Ed India

CLP - Teal Study Plan

Completion Goal		DD-MM-YY		
Session Title	Session Length (Hours)	Completion Goal	Date Completed	Status
Module 1 : Lactation Review				
Course Welcome and Tutorial	0.25			
Lactation Foundations: Anatomy and Physiology	2			
Lactation Foundations: Human Milk Composition	1.25			
Holistic Management in the NICU	1.25			
Lactation Foundations: Medications with Lactation Review	1.25			
Lactation Foundations: Overview of a Lactation Consult	1.25			
Foundations of Skilled Lactation Care	1.5			
Module 1: Clinical Case Discussions				
Case Discussion: Skin to Skin After C/S; Supporting BFHI Goals from the Labor Ward	1.25			
Early Initiation after C/ Sections	0.75			
Module 2: Lactation Beginnings				
Lactation Foundations: Beginning Lactation Review	0.75			
Skilled Lactation Care Through Birth Challenges	1.5			
All in a Day's Work	1.25			
Lactation Foundations: Tools to Support Milk Supply	1.25			
Module 2 : Clinical Case Disussions				
Case Discussion: Birth Team Supporting Breastfeeding Outcomes; Collaborating with Birth Team	1			
Module 3: Skilled Lactation Care in Early Years				
Lactation Foundations: Lactation Review for the First Year and Beyond	1.5			
Lactation Support Through Complementary Feeding: Practical Points for the Indian Context	1.25			
Module 4 : Skilled Lactation Care for the Infant				
Lactation Foundations: Infant Oral Anatomy	1			
Lactation Foundations: Supporting Lactation in the Premature Infant	1.5			
Lactation Foundations: Supporting Late Preterm and Early Term Infants	1			
Lactation Foundations: Skilled Lactation Care for Weight Issues	1.5			
Lactation Foundations: Supplementation Options	0.75			
Lactation Foundations: Infant Assessment, Growth and Development	1.5			
Module 5 : Infant Challenges in Lactation				
Lactation Foundations: Overcoming Early Lactation Challenges	1.25			

Lactation Foundations: Jaundice Review	0.75			
Lactation Foundations: Infants with Medical Challenges	1.25			
Supporting Dyads with Oral Restrictions	1.5			
Module 5 : Clinical Case Discussions				
Case Discussion: Lactation Support With Tethered Oral Tissues	1.25			
Module 6 : Skilled Lactation Care for the Parent				
Lactation Support Through Challenges: Low Milk Supply, Induced Lactation, Galactagogues	1.5			
Supporting Maternal Nutrition During Lactation	1			
Lactation Foundations: Impact of Maternal Disease	1			
Lactation Foundations: Impact of Maternal Infections	1.25			
Lactation Foundations: Maternal Recovery after Birth	1			
Lactation Foundations: Engorgement and Mastitis	1.5			
Lactation Foundations: Perinatal Mental Health in India	1.25			
Module 7 : Holistic Lactation Family Support				
Holistic Family Support Introduction	0.05			
Communication with Parents: During Pregnancy	0.75			
Communication with Parents: Before Discharge	0.75			
Communication with Parents: Nipple Issues	0.75			
Communication with Parents: Tongue Tie	0.75			
Module 8: Communication Skills For Lactation Professionals				
Lactation Foundations: Communication Foundations 101	2			
Lactation Foundations: Cultural Impact of Communication	1.25			
Module 9 : Professional Development For Lactation Professionals				
Lactation Foundations: Developing Professionally in the Lactation Field	0.75			
Lactation Foundations: Teaching Skills for Lactation Professionals	1.5			
Private Practice 101 for LPs	1			
Starting a Lactation Centre in Your Community	1.25			
Module 10: Ethics Review For Lactation Professionals				
Lactation Foundations: Ethical Foundations for Lactation (WHO Code Review)	1.5			
Social Media Ethics	1			
WHO Code/ IMS Act: Why Does it Matter to Public Health in India? Lancet 2023 BF series	1			
Module 11: Research Review For Lactation Professionals				
Public Health and Breastfeeding	0.75			
Study for Final Exam				
CLP Final Exam				